

# SPORTS PHYSICALS

Excludes immunizations. All area athletes welcome!  
Meets JFL, IESA, and IHSA requirements.

**Tue. June 21: 4-6pm Fisher H.S.**

**Wed. June 22: 4-6pm Gibson Elite**

**Wed. July 6: 1-4pm Mahomet Specialty Clinic**

**Thurs. July 7: 2-5pm Iroquois West H.S.**

**Tue. July 12: 9-11am PBL JH Commons**

**Wed. July 13: 4-6pm Watseka H.S.**

**Mon. July 18: 6-8pm Iroquois West H.S.**

**Tue. July 19: 4:30-6:30pm Fairbury Elite**

**Wed. July 20: 1-4pm Mahomet Specialty Clinic**



**Gibson Elite Performance will develop athletes performance with training that will make them quicker, faster, and stronger while increasing endurance and flexibility, all leading to improved sports performance.**

*Elite Performance specializes in taking an individual to the next level with personalized instruction with strength and conditioning programs that are customized and designed to fit the an individual's goals and needs. If your goal is sport specific or just general fitness, Elite Performance will push you to help you reach your goals. **Summer sessions are now available.** Locations in Gibson City 217-784-2045, Paxton 217-379-3585, and Fairbury 815-692-4660. Or visit us on the Facebook at GAHElitePerformance.*

*The Gibson Area Hospital Sports Medicine Program uses a medical team approach to cover every facet of athletic related injuries. It includes Orthopaedic Surgeons, Physician Assistant with a focus on Sports Med, and several Athletic Trainers, Certified Strength and Conditioning Specials, Youth Fitness Specialist, and Certified Personal Trainers. Others include Physical Therapist with an interest or background in sports and sports medicine, as well as our sports medicine support staff.*

**[www.gibsonhospital.org](http://www.gibsonhospital.org)**

